



Key Stage 4 - Curriculum Map – BTEC Sport Level 2

Year 9 Curriculum Map		Halfterm1	Halfterm2	Halfterm3	Halfterm4	Halfterm5	Halfterm6
4 hrs per fortnight	Curriculum Content inc Knowledge, Skills & Cultural Capital	Unit 6: Leading Sports Activities Learning aim A: Know the attributes associated with successful sports leadership	Unit 6: Leading Sports Activities Learning aim A: Know the attributes associated with successful sports leadership	Unit 6: Leading Sports Activities Learning aim B: Undertake the planning and leading of sports activities	Unit 6: Leading Sports Activities Learning aim B: Undertake the planning and leading of sports activities	Unit 6: Leading Sports Activities Learning aim C: Review the planning and leading of sports activities	Unit 2: Practical Performance in Sport Learning aim A: Understand the rules, regulations and scoring systems for selected sports
	Assessment	Internal	Internal	Internal	Internal	Internal	Internal
	Outside of the Curriculum	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session

Year 10 Curriculum Map		Halfterm1	Halfterm2	Halfterm3	Halfterm4	Halfterm5	Halfterm6
4 hrs per fortnight	Curriculum Content inc Knowledge, Skills & Cultural Capital	Unit 2: Practical Performance in Sport Learning aim A: Understand the rules, regulations and scoring systems for selected sports	Unit 2: Practical Performance in Sport Learning aim B: Practically demonstrate skills, techniques and tactics in selected sports	Unit 2: Practical Performance in Sport Learning aim C: Be able to review sports performance	Unit 3: Applying the Principles of Personal Training Learning Aim A: Design a personal fitness training programme	Unit 3: Applying the Principles of Personal Training Learning Aim B: Know about the musculoskeletal system and cardiorespiratory system and the effects on the body during fitness training	Unit 3: Applying the Principles of Personal Training Learning Aim C: Implement a self-designed personal fitness training programme to achieve own goals and objectives
	Assessment	Internal	Internal	Internal	Internal	Internal	Internal
	Outside of the Curriculum	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session

Year 11 Curriculum Map		Halfterm1	Halfterm2	Halfterm3	Halfterm4	Halfterm5	Halfterm6
4 hrs per fortnight	Curriculum Content inc Knowledge, Skills & Cultural Capital	Unit 3: Applying the Principles of Personal Training Learning Aim D: Review a personal fitness training programme	Unit 1: Fitness for Sport & Exercise Learning aim A: Know about the components of fitness and the principles of training	Unit 1: Fitness for Sport & Exercise Learning aim B: Explore different fitness training methods	Unit 1: Fitness for Sport & Exercise Learning aim C: Investigate fitness testing to determine fitness levels	Unit 1: Fitness for Sport & Exercise Revision & exam	
	Assessment	Internal	External	External	External	External	
	Outside of the Curriculum	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session	Homework Weekly booster session	